





Welcome to the NABC (North American Bengali Conference) 2026, hosted in White Plains from 3-5 July 2026!

This note will provide you with some basic information about White Plains and its surroundings which you may find useful during your upcoming visit.

Emergency Services (Major Emergency): call 911

White Plains Hospital (Major Emergency): 41 East Post Road (15 min drive from Westchester County Center)

Urgent Care (Medium Emergency): 222 Mamaroneck Ave, White Plains (open 8am-8pm) (15 min drive from Westchester County Center)

Pharmacy: CVS Pharmacy (open 24 hours). 325 Mamaroneck Ave.(15 min drive from Westchester County Center)

Transportation: Shuttle buses will run every 15-20 minutes during morning, evening, and night prime hours, connecting the venue and our affiliated hotels.

- Local Taxi: Arrow (914-644-8811). Expect 8–15 min wait times.
- Ride Apps: Uber/Lyft works well. Expect 8–15 min wait times.
- Leros point to point for long distance: 914-747-2300 Needs to be booked in advance
- MetroNorth Train Station: Ferris Ave (MetroNorth trains to NYC). <https://www.mta.info/schedules> (express trains to Manhattan are 35 minutes)

Shopping mall: The Westchester Mall (one block from the Sonesta Hotel). 125 Westchester Avenue. Hours: Mon–Thu 10am–8pm, Fri–Sat 10am–9pm, Sun 11am–6pm

The following stores (among others) can be found at this mall:

- Apple Store: tech needs, chargers, adapters

- Sephora: cosmetics, personal care
- Nordstrom: clothes, shoes, toys
- LEGO Store: LEGOs of many types
- Build-a-Bear Workshop: Build your own stuffed animals
- Game Stop: Video games, consoles, controllers, etc.
- Other designers: Gucci, Burberry, Ferragamo, Tory Burch, etc.
- Food Court: Bang (Indian), Pizza, Shake Shack, etc. Open during mall hours.

Department Store: Target in City Center (one block from Opus Hotel). Bloomingdale Rd, White Plains. 8am–10pm daily. Toiletries, basic clothes, tech.

Grocery:

- Apple Farm (2 blocks from Westchester County Center). 377 Tarrytown Road
- Stop & Shop (same complex as Sheraton Hotel)

Starbucks: inside Sheraton Hotel and another across from Opus Hotel

NABC 2026 Hotels:

1. **Opus Hotel** : 3 Renaissance Square, White Plains. 5 min drive from venue
2. **Marriott Tarrytown**: 670 White Plains Rd, Tarrytown. 13 min drive.
3. **Sheraton Tarrytown**: 600 White Plains Rd, Tarrytown. 12 min drive.
4. **Sonesta**: 66 Hale Av, White Plains. 8 min drive.

NABC shuttles run to County Center at set times. Check with the front desk on schedule.

Restaurants: White Plains – near Westchester County Center, Opus & Sonesta:

- **City Limits Diner**: 200 Central Avenue, across from Westchester County Center
- **PF Changs (Chinese American)**: Third floor of the Westchester Mall, 5 minutes drive from Westchester County Center and 1 block from Sonesta.
- **Greca (Greek)**: 189 Main Street, White Plains. 10 minutes drive from Westchester County Center and same block as Opus.
- **Serafina (Italian)**: 199 Main Street, White Plains. 10 minutes drive from Westchester County Center and same block as Opus.
- **Raasa (Indian)**: 145 East Main Street, Elmsford. 15 minutes drive from Westchester County Center.

Fun attractions and events for children and children-at-heart:

- **World Cup 2026:** available to watch at Westchester County Center
- **Playland amusement park in Rye:** July 3: 12 pm. – 10 pm; July 4: 11 pm. – 11 pm (fireworks at 9pm); July 5: 12 pm. – 10 pm. 1 Playland Parkway, Rye, NY 10580 (15 min drive from Westchester County Center)
- **Bowlero:** Friday Noon - 1 am, Saturday 11 am - 1 am, Sunday 11 am - 11 pm. 47 Tarrytown Road (3 min drive from Westchester County Center)
- **Saxon Woods Park (playground and minigolf):** noon-7pm. 1800 Mamaroneck Ave, White Plains (15 min drive from Westchester County Center)
- **Barnes & Noble:** 10am-9pm. 381 N Central Ave, Hartsdale (15 min drive from Westchester County Center).
- **Apple Cinemas:** movie theater in City Center. 19 City Place White Plains (5 min drive from Westchester County Center)

Snacks and Fast Food

- Cold Stone Creamery (city center in White Plains)
- Wings Stop (next to venue)
- Domino's Pizza in Hartsdale is open 10am-2am on Fridays/Saturdays and 10am-1am on Sundays and other days. 329 North Central Ave (tel: 914-683-0400) 10 min drive from Westchester County Center.
- McDonalds in Hartsdale open 24 hours (407 Central Park Ave) 5 min drive from Westchester County Center
- Chipotle Tarrytown (between Westchester County Center and Marriott) open 10:45am-11pm. 652 White Plains Rd

Events and nearby Landmarks:

Independence Day Fireworks: held on 2 July at White Plains High School Field (550 North Street) from 6:30-9:30pm.

1. Lyndhurst Mansion: 635 S Broadway, Tarrytown. Historic Gothic Revival estate on the Hudson. 10 min from Sheraton/Marriott.

2. Kykuit – Rockefeller Estate: 381 N Broadway, Sleepy Hollow. Tours of gardens & art collection. 15 min drive from Sheraton/Marriott.

3. Philipsburg Manor: 381 N Broadway, Sleepy Hollow. 18th-century living history site. 10 min drive from Sheraton/Marriott

4. Kensico Dam Plaza – Valhalla: Scenic park, great for morning walks. 15 min drive from White Plains.

5. Sunnyside – Washington Irving's Home: 3 W Sunnyside Ln, Irvington. Literary landmark. 12 min from Marriott/Sheraton.

6. Hudson River Waterfront: Scenic walkway at Pierson Park, Tarrytown. Sunset views. 10 min drive from Marriott/Sheraton.

Other Useful Info:

- **SIM/Phone:** AT&T, Verizon, T-Mobile stores in Westchester Mall if you need a US SIM.
- **Currency/ATM:** ATMs in all hotel lobbies. Bank of America/Chase on Main St, White Plains.
- **Weather:** 83F day, 65°F night. Venue AC is strong – bring a shawl/jacket.
- **Tipping:** 15-20% at restaurants. \$2-5 for hotel bell staff. \$1 per bag for airport porters
- **Power:** US uses 120V, Type A/B plugs. Bring adapters.

We hope you enjoy the 2026 NABC! For any issues, please contact the NABC volunteer team.